

The Mourning



Artist EPK 2024-2025

“The Mourning masterfully marries classic synth sounds, modern Haken-esque rhythms, and massive vocal hooks into a modern progressive package worthy of every fan’s undivided attention.

— Greg Kennelty, *Metal Injection*

Biography

The name “**The Mourning**” signifies mourning the state of the world and the hope to lift the world through music and art to a higher plane.

The band started out highly influenced by the likes of *Opeth*, *Steven Wilson*, and *Haken*. The debut EP centered around heavy use of keyboards. The duo wasted no time, going straight to Foxbloom Recordings with Producer/Engineer David Alex to begin recording their debut EP “Theosis.” They included amazing features from jazz guitarist Thomas Griggs (Intervals, Berklee) and jazz saxophonist Eric Mullins.

In early 2018, “Theosis” was released, and the band played a CD release show, widening their footprint in the Tampa Bay Area. Within six months of the release, they played a few shows but ultimately decided to focus on creating their first full-length album. As soon as Theosis was released, Johnny had started to work on a full-length album with a full band lineup in mind, feeling inspired by being in the studio they so many talented musicians.

They made the decision to fly in Francesco Pinter (Berklee College of Music), to record guitars on the album and in the studio. They spent September 2018 to May 2019 painstakingly recording the songs, again with Recording Engineer David Alex, also bringing in musician guests Thomas Griggs (Intervals) and Jeff Pogan (Suicidal Tendencies, Oneironaut) who are featured on the album.

In 2021, Johnny did not want to compromise on the album’s production quality, so he tapped Alex Nasla (Geargods, Ex-Witherfall) to Produce, Mix, and Master the album. Falling in love with the music and the people, he also decided to join the band shortly after as keyboardist and vocalist.

From 2022 to 2024, the band spent those years recording six music videos. Alex Nasla filmed and directed four of them, with Thomas Crane filming one, and Nick Rigas filming one.

The album is now complete and will be released on July 10, 2024, on CD and on all streaming platforms

Band Lineup



Johnny Ray
Lead Vocals



Zai Alyenora
Lead Vocals



Alex Nasla
Producer, Keyboards, Vocals



Francesco Pinter
Guitars



Jason Berlin
Drums, Bass

The band blends mid to uptempo grooves while also introducing space and atmosphere in just the right places. Combining melody, technical/progressive musical elements, and harmony lead vocals, I feel this band caters to both musicians and non-musicians alike.

—Todd La Torre (*Queensrÿche*)

Discography

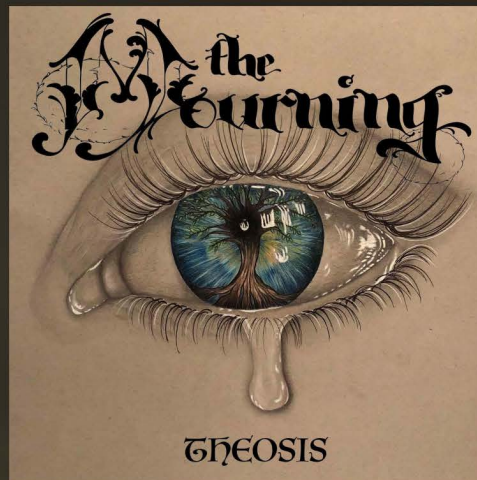
Hush (LP)

Released July 10, 2024



Theosis (EP)

Released Feb 24, 2018



Instagram

8800+

Followers

YouTube

6000+

Subscribers

170K+

views

Facebook

3000+

Followers

Streams across all major platforms

250K+

Streams

30K+

Listeners

Main Audience split between North America and EU.

Music Streaming Links:



Spotify



Apple Music



TIDAL



Music

Music Video Links:



Smooth Seas



The Wind



He Cries



Cries of the Mind



Chaos Machine

In The Press



This band deserves a statue in the Prog Metal Hall of Fame!

— Carlos Zema (*Immortal Guardian*)

metalinjection.net

The Mourning masterfully marries classic synth sounds, modern Haken-esque rhythms, and massive vocal hooks into a modern progressive package worthy of every fan's undivided attention.

geargods.net

In a world of clones, The Mourning is a true original and a breath of fresh air

metalepidemic.com

With the release of "Hush", the band continue to showcase their mastery to balance technical prowess with broader thematic appeal. The Mourning will most definitely make a big impact on the prog metal scene today and in the future.

progradio.com

An impressive first album from a young band with room to grow. Fans of bands like Haken and Distrc 97 will enjoy this album. One to watch.

roadie-metal.com

"Hush" a sensory treat that transcends the limits of perception.

Standout Moments

Members of The Mourning have been active and in the public eye for many years. The following are just some standout moments.

- **Alex Nasla** previously played and toured the world with *Witherfall*. Highlight moments include playing *Progpower USA* in 2022 and doing a full European tour with finnish giants “*Sonata Arctica*” in 2019.
- **Zai Alyenora** has been performing live for over 20 years in the USA and Japan, being a *former American Idol* contestant, an *MTV special guest*, and being spotlighted on *ABC Action News* and *Day Time Television*. She garners a true mainstream audience.
- **Johnny Ray** is also the lead vocalist in *3 Headed Snake* (started by Sin Quirin, ex-ministry) and has played big festivals such as *Bloodstock* in 2019.

Band Photos







Alex Nasla performing at Progpower USA



Johnny Ray performing at Bloodstock Festival UK

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